

**ALLABAMA SENIOR OLYMPICS**  
**TRACK & FIELD**  
**HEWITT-TRUSSVILLE STADIUM**  
**MAY 12, 2018**

9:00 am	5000M Race Walk	All Divisions
9:30 am	50 Meter Dash	All Divisions
	High Jump	All Divisions
	Long Jump	55-59 Men
	Discus	60-64 Men
	Shot Put	50-54/65-69 Men
	Javelin	70+ Men/All Women
	Pole Vault	All Divisions
10:00 am	100 Meter Dash	All Divisions
10:30 am	1500 Meter Run	All Divisions
11:00 am	200 Meter Dash	All Divisions
	Long Jump	60-64 Men
	Discus	50-54/65-69 Men
	Shot Put	70+ Men/All Women
	Javelin	55-59 Men
	Hammer Throw	All Divisions
11:30 am	400 Meter Run	All Divisions
12:00 pm	800 Meter Run	All Divisions
	Long Jump	50-54/65-69 Men
	Discus	70+ Men/All Women
	Shot Put	55-59 Men
	Javelin	60-64 Men
1:00 pm	Long Jump	70+ Men/All Women
	Discus	55-59 Men
	Shot Put	60-64 Men
	Javelin	50-54/65-59 Men
1:30 pm	1500M Race Walk	All Divisions
2:00 pm	Triple Jump	All Divisions