

# ALABAMA SENIOR OLYMPICS

## TRACK & FIELD

**MARCH 28, 2026**

OPELIKA HIGH SCHOOL

1700 LAFAYETTE PKWY, OPELIKA, AL



### EVENTS:

TRACK: 50/100/200/400/800  
1500 M

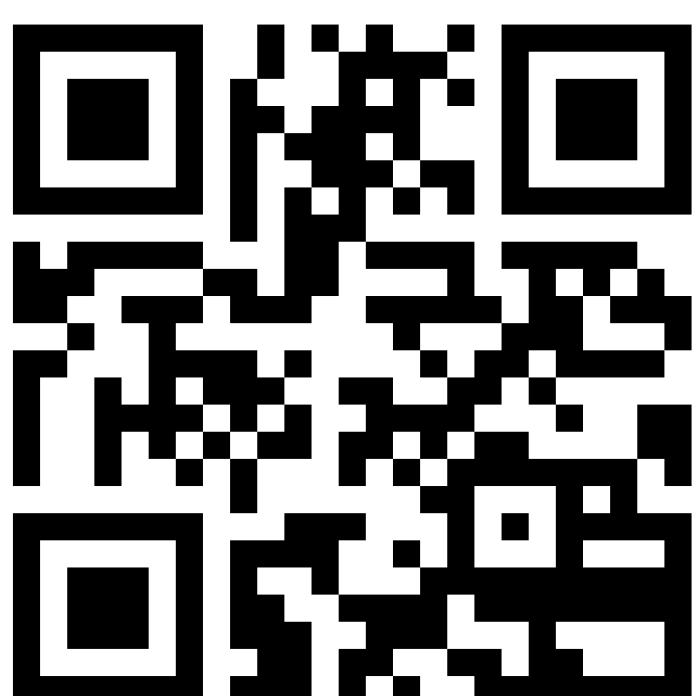
FIELD: DISCUSS/HIGH JUMP  
JAVELIN/LONG JUMP  
POLE VAULT/SHOT PUT  
TRIPLE JUMP



THIS EVENT IS OPEN TO **ADULTS AGE 50+** (AS OF DECEMBER 31, 2026).

**REGISTRATION OPENS:** AL RESIDENTS ON JAN. 5, 2026 AND NON-RESIDENTS ON JAN. 19, 2026.

**REGISTRATION CLOSES:** MARCH 14, 2026. NO ON-SITE OR LATE REGISTRATION WILL BE ACCEPTED.



**SCAN QR CODE OR VISIT  
ALSENIOROLYMPICS.ORG**



THE 2026 ALABAMA SENIOR OLYMPICS ARE A QUALIFIER FOR THE 2027 NATIONAL SENIOR GAMES IN TULSA, OK.

