

Q = Qualified for
National Senior
Games

Alabama Senior Olympics – Cycling
McNally Park Mobile, AL
March 14, 2026 Weather 65 and Overcast
10K TIME TRIALS

WOMENS AGE GROUP: 50-54

MENS AGE GROUP: 50-54

Q 1 GREG JORDAN 53 AL 17:02 1st-AL

WOMENS AGE GROUP: 55-59

Q 1 LISA HALEY 58 SC 16:58 1st
Q 2 HOLLY SHOEMAKER 56 AL 18:34 1st-AL
Q 3 FELICIA LETT 59 AL 20:42 2nd-AL

RECUMBENT

Q 1 LAFONDA SHERRILL 56 AL 22:57 1st-AL

MENS AGE GROUP: 55-59

Q 1 ANDREW KOLAJA 59 MS 14:05 1st
Q 2 BRYAN RALSTON 59 AL 14:33 1st-AL
Q 3 EUGENE PARKER 58 AL 15:21 2nd-AL
Q 4 WILLIAM RAGATZ 58 TN 16:02 4th
Q 5 MICHAEL WEBB 58 AL 16:08 3rd-AL
Q 6 JAMES MOORE 58 AL 17:52 4th-AL
7 JOSEPH CECIL ARCENAL 58 AL 19:27 5th-AL

RECUMBENT

Q 1 DAVID LALEJINI 59 MS 15:03 1st

WOMENS AGE GROUP: 60-64

Q 1 CHRISTINE SMITH 61 MN 16:21 1st
Q 2 SHARON OPKINS 64 AL 16:44 1st-AL
Q 3 MARCY KICHLER 61 AL 18:37 2nd-AL

MENS AGE GROUP: 60-64

Q 1 KEVIN GARNER	60	MO	15:19	1st
Q 2 SEAN DONAHUE	61	AL	15:29	1st-AL
Q 3 JAMES SHOEMAKER	64	AL	16:48	2nd-AL
Q 4 TAYLOR KITCHENS	63	AL	16:51	3rd-AL
Q 5 KENNETH KICHLER	64	AL	20:03	4th-AL

RECUMBENT

Q 1 JOSEPH SHERRILL	62	AL	25:21	1st-AL
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WOMENS AGE GROUP: 65-69

Q 1 ELIZABETH ABADIE	68	MS	18:24	1st
Q 2 LISA HOGG	66	AL	19:07	1st-AL
Q 3 EGLA RICHEY	66	AL	20:00	2nd-AL

MENS AGE GROUP: 65-69

Q 1 MARK SMITH	65	AL	14:19	1st-AL
Q 2 LLOYD MAISONVILLE	66	AL	14:22	2nd-AL
Q 3 STEVE SOLOMON	66	AL	15:22	3rd-AL
Q 4 THOMAS BODER	68	OH	16:01	4th
Q 5 STACY SHERMAN	66	AL	16:27	4th-AL
6 FRED MCLAUGHLIN	68	FL	17:05	6th
7 NICK BAKER	69	AL	17:16	5th-AL
8 DAVID SHANHOLTZER	68	AL	17:45	6th-AL
9 EVANS CROWE	65	AL	17:49	7th-AL

RECUMBENT

Q 1 ROBERT GLADDEN	68	AL	20:55	1st-AL
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WOMENS AGE GROUP: 70-74

Q 1 LAURA WORTHY	70	AL	20:37	1st-AL
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MENS AGE GROUP: 70-74

Q 1 RICK KNOWLES	72	KY	15:51	1st
Q 2 MAURICE CROWE	71	TX	16:20	2nd
Q 3 TOM JOHNSON	70	AL	16:59	1st-AL
Q 4 GEOFFREY STOCKENSTROM	73	MS	17:30	4th
Q 5 ROBERT OPKINS	73	AL	18:11	2nd-AL
6 RONALD PEZLEY	71	FL	18:55	6th
Q 7 TERRY WHITE	74	AL	19:35	3rd-AL
Q 8 KC BYERS	70	AL	20:46	4th-AL

WOMENS AGE GROUP: 75-59

MENS AGE GROUP: 75-79

Q 1 DENNIS MEINERT	79	TN	16:18	1st
Q 2 WALLACE MCROY	76	FL	18:34	2nd

WOMENS AGE GROUP: 80-84

MENS AGE GROUP: 80-84

Q 1 DAVID BARNHART	80	AL	19:13	1st-AL
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WOMENS AGE GROUP: 85-89

MENS AGE GROUP: 85-89

Q 1 JIMMY LUMLEY	88	GA	22:09	1st-AL
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