

Q = Qualified for
National Senior
Games

Alabama Senior Olympics – Cycling
McNally Park Mobile, AL
March 15, 2026 Weather 65 and Overcast
5K TIME TRIALS

WOMENS AGE GROUP: 50-54

MENS AGE GROUP: 50-54

Q 1 GREG JORDAN 53 AL 9:53 1st-AL

WOMENS AGE GROUP: 55-59

Q 1 HOLLY SHOEMAKER 56 AL 11:15 1st-AL

Q 2 FELICIA LETT 59 AL 12:46 2nd-AL

RECUMBENT

Q 1 LAFONDA SHERRILL 56 AL 15:24 1st-AL

MENS AGE GROUP: 55-59

Q 1 ANDREW KOLAJA 59 MS 8:40 1st

Q 2 BRYAN RALSTON 59 AL 8:51 1st-AL

Q 3 WILLIAM RAGATZ 58 TN 9:10 3rd

Q 4 AARON DUESING 56 FL 9:37 4th

Q 5 JAMES MOORE 58 AL 10:27 2nd-AL

RECUMBENT

Q 1 DAVID LALEJINI 59 MS 8:23 1st

WOMENS AGE GROUP: 60-64

Q 1 CHRISTINE SMITH 61 MN 9:53 1st

Q 2 SHARON OPKINS 64 AL 10:18 1st-AL

MENS AGE GROUP: 60-64

Q 1 KENNETH RIZER	62	TN	8:34	1st
Q 2 SEAN DONAHUE	61	AL	8:48	1st-AL
Q 3 KEVIN GARNER	60	MO	8:53	3rd
Q 4 TAYLOR KITCHENS	63	AL	9:24	2nd-AL
Q 5 JAMES SHOEMAKER	64	AL	9:40	3rd-AL

RECUMBENT

Q 1 JOSEPH SHERRILL	62	AL	14:41	1st-AL
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WOMENS AGE GROUP: 65-69

Q 1 ELIZABETH ABADIE	68	MS	10:44	1st
Q 2 LISA HOGG	66	AL	11:36	1st-AL

MENS AGE GROUP: 65-69

Q 1 MARK SMITH	65	AL	8:07	1st-AL
Q 2 LLOYD MAISONVILLE	66	AL	8:35	2nd-AL
Q 3 STEVE SOLOMON	66	AL	9:05	3rd-AL
Q 4 STACY SHERMAN	66	AL	9:16	4th-AL
5 NICK BAKER	69	AL	9:54	5th-AL
6 EVANS CROWE	65	AL	10:05	6th-AL
7 DAVID SHANHOLTZER	68	AL	10:42	7th-AL

RECUMBENT

Q 1 ROBERT GLADDEN	68	AL	11:27	1st-AL
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WOMENS AGE GROUP: 70-74

MENS AGE GROUP: 70-74

Q 1 RICK KNOWLES	72	KY	9:09	1st
Q 2 TOM JOHNSON	70	AL	9:50	1st-AL
Q 3 KENNETH CREEL	70	TX	10:05	3rd
Q 4 DOUGLAS STEELE	71	FL	10:44	4th

5 RONALD PEZLEY	71	FL	10:46	5 th
Q 6 ROBERT OPKINS	73	AL	10:53	2 nd -AL
Q 7 DAVID ATWELL	71	AL	11:00	3 rd -AL
Q 8 KC BYERS	70	AL	12:20	4 th -AL
MAURICE CROWE	71	TX	DQ	

WOMENS AGE GROUP: 75-59

MENS AGE GROUP: 75-79

Q 1 WALLACE MCROY	76	FL	10:10	1 st
Q 2 DENNIS MAURER	79	IA	12:05	2 nd

WOMENS AGE GROUP: 80-84

MENS AGE GROUP: 80-84

Q 1 DAVID BARNHART	80	AL	11:03	1 st -AL
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WOMENS AGE GROUP: 85-89

MENS AGE GROUP: 85-89

Q 1 JIMMY LUMLEY	88	GA	12:00	1 st
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